



**What to Bring to Summer Overnight Camp**

ALL items must be labeled with camper's name or initials, including their water bottle. Please feel free to turn this list in to cabin staff. We encourage campers to bring items which promote independence, adaptability and assist in providing a quality stay.

Check-in is on Sundays from 3:00-5:00pm and check-out is on Fridays from 10:00-11:00am.

Suggested items	How many?
<b>Special equipment</b>	
Wheelchair, braces, walker, etc. if needed	
Hearing aids and extra batteries if needed	
Communication device w/ charger and password if needed	
Bedpan, commode, urinal if needed	
Hoyer lift w/ sling if needed	
Adaptive eating equipment if needed	
Noise cancelling headphones if needed	
Tools for helping to calm or soothe camper if needed	
Other:	

**Clothing** remember that Michigan weather varies

Pants	
Shorts	
Sweatshirts	
T-shirts	
Raincoat or winter gear	
Shoes (tennis shoes preferred)	
Pajamas	
Underwear	
Socks	
Outfit for dance - this is now every session!	
Personal water bottle - REQUIRED	
Face covering/mask - optional	
Other:	

Suggested items	How many?
<b>Swim equipment</b>	
Swimsuit (one piece preferred)	
Any special flotation devices the camper prefers to use	
Ear plugs if needed	
Goggles if needed	
Rubber pants if camper is incontinent	

**Personal items**

Toothbrush and toothpaste	
Lotion if needed	
Deodorant	
Comb or hair brush	
Sunglasses if needed	
Bag for dirty laundry	
Shaving equipment	
Washcloths	
Eyeglasses if needed	
Insect repellent	
Sunscreen	
Menstrual hygiene products	
Depends or briefs if needed	
Pillow (sheets/blankets are provided)	
Other:	

**Have all medication available at check-in. Do not pack it in luggage.**

All medication must be marked in the original container.

All medication will be administered according to the label on original container.

*Bring enough medication to last the duration of the camp session and extra.*

If the camper takes medication at home for constipation or for heartburn, please include it with the camper's other medications.

**Please pack toiletries and any needed electronic devices (plus chargers) in separate bags.** These items cannot be in luggage during heat treatment.

**During summer only,** the Canteen (camp store) will be open. Campers may bring money for ITC apparel, snacks, drinks, and other fun camp items. Money must be turned in during check-in OR paid in advance as we will not be exchanging it in the store.

**DO NOT BRING**

Alcohol, drugs, weapons, or animals (except for service dogs)

Any personal sports equipment

Phones and electronic devices that can be distracting at camp (unless needed)

**\*\*IKUS/ITC is not responsible for damage or loss of any electronic devices\*\***